

HOWARD COUNTY ALCOHOL & DRUG ABUSE ADVISORY BOARD
MEETING MINUTES
February 21, 2018
Howard County Health Department, 8930 Stanford Blvd, Columbia, 21045

ADAAB MEMBERS/DESIGNEES: Chinwe Adetula, Theresa Collins, Mark Donovan, Robert Ehrhardt, Joe Gagliardi, Kassy Hargadon-Zester, Cindy Johnson, Tanya Joyner, Jack Kavanagh, Bruce MacDonald, Ivan Montoya, Chris Robinson, Roe Rodgers-Bonaccorsy, Maura Rossman, Joan Webb Scornaienchi, Jennifer Van Blarcom and Linda Zumbrun

HEALTH DEPARTMENT, OFFICE OF THE COUNTY EXECUTIVE, AND MENTAL HEALTH AUTHORITY STAFF: Rachel ChooQuan, Marianne Gibson, Caryn Lasser and Heather Moore

GUESTS IN ATTENDANCE: Barbara Allen, Tom Allen, Jack Altfather, Drema Bonavitacola, Grace Caulfield, Jim McGreevey, Debbie Nix and Vicki Scofield

WELCOME & INTRODUCTIONS: The meeting was called to order at 5:17 p.m. by Chair Joan Webb Scornaienchi. She welcomed the board and guests. Introductions were made.

APPROVAL OF AGENDA: The February 21, 2018 Agenda was approved.

APPROVAL OF MINUTES: The November 15, 2017 Minutes were approved.

UNFINISHED BUSINESS:

BEHAVIORAL HEALTH INTEGRATION UPDATE: Provided by Roe

In the spring of 2017, the County Executive's office organized a Behavioral Health Integration Workgroup to decide how to integrate the Health Department's Bureau of Behavioral Health and the Howard County Mental Health Authority (HCMHA). The workgroup voted to integrate the HCMHA into the Health Department. A transition committee was formed and has been meeting to work through the integration process. The integration implementation date is July 1, 2018. With this integration, a new behavioral health board will be formed and the ADAAB and HCMHA boards will sunset. Four members volunteered from each board to create a subcommittee to determine the structure of the new board. A new behavioral health board named the Howard County Local Behavioral Health (HCLBHA) Board will be formed July 1, 2018 and the ADAAB and HCMHA boards will sunset June 30, 2018. The HCLBHA Board will include a membership of 24 (16 Appointed/8 Ex-Officio). An importance of consumer/family member representation was a key focus in the development of the new board. The new HCLBHA Board membership will include 6 Consumers, 6 Family Members, 2 Professional/Provider/Advocates, and 2 At Large. By-laws, roles/duties, and voting rights were approved through by a vote.

HEALTH DEPARTMENT UPDATE: Provided by Roe

See current topics and action items below.

OVERDOSE RESPONSE PROGRAM (ORP) AND OPIOID MISUSE PREVENTION PROGRAM (OMPP) UPDATE: Provided by Marianne

ORP Update:

Marianne provided an update on our current YTD ORP training numbers.

FY18 YTD: 1044 trained; 729 naloxone kits dispensed

County Employee Narcan trainings are being scheduled. To date, Parks and Recs, Department of Transportation and Planning and Zoning have been scheduled.

Health Department priority is to train individuals at highest risk for overdose

OMPP Updates:

Planning a CME event to educate prescribers on utilizing the Prescription Drug Monitoring Program and best practices for prescribing, date TBD

Submitted evaluation report to Behavioral Health Administration: 2/15/18

Marianne reviewed highlights from evaluation report 7/1/17- 12/31/17

As of 12/31/17, 89% of prescribers and 93% of pharmacists are registered in PDMP,

1,212 pounds of medication collected at the Drug Take-Back Day in October, and of the

High-Risk ORP training goal: 30%; current high-risk trainings conducted: 12.7%

HC DRUGFREE PREVENTION/EDUCATION/OPIOID UPDATE: Provided by Joan

Based on conversations with the members of HC DrugFree's Teen Advisory Council (TAC) as well as other teens and parents about the teen perception that vaping is not harmful and occurs in school during class, Joan invited Mark Donovan from Congruent Counseling to the December TAC meeting to discuss vaping and other drugs. These teens from across the county are able to educate their friends and other teens at their high schools.

Mark also joined Joan at St Louis Catholic School to talk with parents about how to keep their children drug-free.

Joan also thanked many others in the room for their ongoing support to prevention efforts in Howard County. Specifically mentioned were Jack Kavanagh, Cindy Johnson, Kassy Hargadon-Zester and Debbie Nix for their recent assistance or guidance with HC DrugFree projects.

On January 30th, HC DrugFree, Howard HS PTSA and Bonnie Branch MS PTA partnered to present “Substance Use and Its Impact on Academic Achievement and Mental Health” to 79 adult and youth participants. The presenter was Dr. Amelia Arria.

Joan and her husband were invited by a student to present at the Future Business Leaders of America Regional Conference held on Saturday, January 6 at Long Reach High School. The couple presented “Gaining the Competitive Edge” and discussed business/leadership tips including passing drug tests required for employment and security clearances.

As of this week, HC DrugFree completed 12 focus groups – 6 with high school students and 6 with 18 to 25-year-olds. In each age group, 3 groups addressed alcohol and 3 groups addressed Non-Medical Use of Prescription Drugs (NMUPD). In addition, key informant interviews were held. As an incentive, \$5 Starbucks gift cards were given to young adult participants.

The spring Take-Back Day is scheduled for the last Saturday in April (28th).

CURRENT TOPICS/ADAAB ACTION: Provided by Roe.

In November ADAAB voted to implement Guiding Good Choices (GGC) in the community. ADAAB funds (\$5,000) will be used to partially support a pilot of the program. GGC is an evidence-based parent prevention program that teaches parents of children age 9-14 how to reduce the risk that their children will develop problems associated with drug use. The Health Department’s implementation plan includes offering at least 10 workshop cycles (5 classes per cycle, 50 sessions). We are recruiting up to 12 training facilitators for a free facilitator training scheduled for March 19-20, 2018. We are recruiting agencies to host workshops, as well as, training participants. The registration flyer was provided in hard copy and was emailed to ADAAB members and guests.

The ADAAB Strategic Plan FY18-19 Progress Report was submitted to the Behavioral Health Administration (BHA) by the January 2018, due date. Some key points of the plan were discussed. ADAAB members were thanked for participating in the draft, review, and approval of the progress report.

The FY19 first integrated Behavioral Health Budget/Annual Plan in Howard County was submitted to BHA by the February 14, 2018, due date. Some key points of the plan were discussed. Individuals were thanked for participating in the draft, review, and approval of the budget and plan.

A letter/recommendation from family members concerned with the opioid crisis in Howard County was discussed. The full letter/recommendations will be shared again with ADAAB members, as well as, a brief copy including a gap analysis and status update on the recommendations. This will be discussed more at the meeting in March.

Other Unfinished Business:

Joan thanked the Health Department for purchasing more than 100 medication storage boxes for HC DrugFree to distribute to the community. Many of those boxes have been distributed into the community. In addition, HC DrugFree recently received more than 100 boxes from another donor.

NEW BUSINESS:

Dr. Gagliardi mentioned some research and advocated for ADAAB to recommend that the County Executive write a support letter to the State Legislature in support of lowering the legal blood alcohol concentration (BAC) level while driving from 0.08 to 0.05. It was recommended that Dr. Gagliardi share the research that he mentioned with ADAAB and ADAAB would review and discuss more at the meeting in March.

ANNOUNCEMENTS:

Barbara Allen mentioned some specific bills of importance to behavioral health at this time: A summary of these bills follow.

- HB 384 – Substance Use Facilities and Programs – Certificate of Need –Repeal of Requirement

Altering the definition of “health care facility” for the purpose of excluding certain substance use treatment facilities and programs from the certificate of need requirements. Update: not on the docket for this week; applies to SUD programs at level 3.7 and 3.7 WM. Mixed responses; still doing data gathering.

- HB 499 – Health – Standards for Involuntary Admissions and Petitions for Emergency Evaluation – Modification.

For certain individuals who have experienced a drug overdose to certain facilities or a VA hospital. Expands criteria to admit adults who have experienced a drug overdose and have health insurance coverage under their parent’s plan. Update: Written response submitted to bill sponsors regarding needs required for such expansion – resources for evaluation, beds for detox/treatment, etc. Not deemed to be passable at this time.

- HB 1092/SB 703 – Behavioral Health Crisis Response Grant Program – Establishment

Establishing a Grant Program using the recent report on crisis services needs in Maryland. To provide funds to local jurisdictions to establish and expand community behavioral health crisis response systems. Formal report name: Strategic Plan: 24/7 Crisis Walk-in and Mobile Crisis Team Services (through the BHAC – Behavioral Health Advisory Council with the BHA). Update: Hearings Tuesday/Wednesday, February 27/28.

- SB 527 – Health – Standards for Involuntary Admissions and Petitions for Emergency Evaluation – Modification

Expands state laws regarding involuntary commitment and emergency petitions to include people who have experienced an overdose, have a history of “chronic and persistent substance abuse,” and presents a danger to the life or safety of themselves or others. Must be in need of inpatient treatment. Update: not on the docket as yet.

Debbie Nix mentioned an advocacy group that she is working with would like to see an educational event organized by perhaps the Health Department, HC DrugFree, and/or the Treatment Community to coincide with the movie release of *Beautiful Boy* in October. The movie chronicles methamphetamine addiction and recovery through the eyes of a father who watches his son as he struggles with the disease. We see this as an opportunity to have resource tables, speakers, and perhaps a tie-in with the school system to provide a showing, especially for high school students. The group would provide volunteers and support, and feels this event should be organized by the existing entities tasked with education in Howard County.

Theresa Collins suggested ADAAB view the TV series *Dope* Episode 2, which was filmed in Baltimore, *Once You See It You Can Never Unsee It (2017)*. This is a TV series about the war on drugs fought on a daily basis on the streets of virtually every major city in America. This reality series offers a sobering look at the drug trade and its effects on the people involved. Filmed from the perspectives of dealers, users and law enforcement, the series covers topics that include cocaine, the heroin epidemic and the war over marijuana.

Next Meeting is March 21, 2017, at 5:15 p.m. at the Howard County Health Department.

ADJOURNMENT: The meeting was adjourned at 7:17 p.m.